

Original Plan approved June 29, 2020  
Updated: JULY 24, 2020  
Revision: August 24, 2020  
Revision: September 29, 2020  
Revision: October 26, 2020

Revision: November 23, 2020  
Revision: December 7, 2020  
Revision: January 4, 2021  
Revision: January 25, 2021  
**Revision: March 22, 2021**



## Tredyffrin/Easttown School District PK-12 Athletics & Extra-Curricular Activities: Off-Season, Pre-Season, and Competition Health and Safety Plan

---

This Health and Safety Plan is designed to address the needs of PK-12 Athletics and Related Activities to encompass off-season, pre-season, and related student activities, such as band camp or group activities that do not fall under individual in-person visits or the regular school year re-opening plan. This plan includes provisions for a return to competition.

*On June 29, 2020 the School Board approved the initial Athletic Health & Safety Plan. Since then the Board has approved updated Athletic Health & Safety Plans reflecting updated guidance from health authorities on July 24, 2020, August 24, 2020, September 29, 2020, October 26, 2020, November 23, 2020, December 7, 2020, January 4, 2021, and January 25, 2021. On March 22, 2021 the Board will take action on these proposed revisions.*

### **Update of March 22, 2021**

*High school spring sports have resumed. All spring sports (middle and high school) [will abide by PIAA guidance](#) in addition to the District's Health and Safety Plan.*

*Masking: teams will wear face coverings or face shields during practices. During competition, face coverings or face shields in all sports other than track will be used, and baseball/softball players in the field.*

*Spectators: For all events before April 4, 2021 spectators will be limited to four (4) per player at Home events, and two (2) per player for Away events. After April 4, 2021 outdoor events may have up to [50% of maximum occupancy by order of the Governor](#). All spectators will be required to wear an appropriate face covering and maintain social distancing from those outside of their household.*

*Locker rooms: high school locker rooms may be needed for storage of player gear, and middle school student athletes may need to use the locker rooms before practice. Anyone in the locker room is required to wear a face covering, engage in social distancing to fullest extent feasible, and to limit their time in the locker room.*

Original Plan approved June 29, 2020  
Updated: JULY 24, 2020  
Revision: August 24, 2020  
Revision: September 29, 2020  
Revision: October 26, 2020

Revision: November 23, 2020  
Revision: December 7, 2020  
Revision: January 4, 2021  
Revision: January 25, 2021  
**Revision: March 22, 2021**

**Field use: non-District organizations may access District outdoor fields while following the requirements listed in Policy and Regulations 7040, 7041, 7042. In addition, groups would need to abide by the mitigation measures described in this Health & Safety Plan (face coverings, social distancing, hand hygiene and other measures). In the event that anyone associated with the group is considered a Covid case within 48 hours after using the field, the person responsible for the event shall inform the District.**

### **Update of January 25, 2021**

All winter sports resumed on Saturday, January 9, 2021. On Saturday, January 16, 2021 the wrestling team was permitted to conduct partner drills and regular practice while wearing masks. Wrestling room capacity was capped at 14 people, including coach(es). Competitions will adhere to a strict masking requirement for both Home and Away events. Conestoga teams will only compete with teams who also require masking of their athletes during competition regardless of venue. No in-person spectators will be permitted at any winter sports competitions. The Athletic Director's office has information for online viewing of events.

### **Update of January 4, 2021**

The date for resumption of winter sports practices is to be determined, pending anticipated information from the Governor or Pennsylvania Department of Health. The School Board will review all available information at the January 4, 2021 School Board meeting. Winter sports were approved to resume on Saturday, January 9, 2021, with wrestling being permitted to only engage in individual conditioning.

### **Update of December 7, 2020**

The plan has been updated to reflect the following:

1. [Pennsylvania Department of Health Recommendations for Pre-K to 12 Schools Following Identification of a Case\(s\) of COVID-19.](#)  
This updated guidance identifies when a school building shall be closed based on (1) enrollment size of those attending in-person, (2) level of community transmission in the county, and, (3) number of COVID-19 cases within a rolling 14-day period. If a student athlete is considered a COVID-19 case and has been on District property they will count towards this 14-day period.
2. [Chester County Health Department guidance of December 2, 2020](#)  
This updated guidance incorporates the updated Pennsylvania Department of Health requirements regarding out of state travel.
3. [PIAA Return to Competition guidelines.](#)  
The PIAA identified sport specific guidance for winter sports, including categorization of risk level (High, Moderate, Low). Competitive cheer will abide by mitigation strategies to enable participants to be in the Moderate level. Sports in the High (wrestling) level will engage only in conditioning and practices at this time.
4. Conestoga High School sports may begin practice when students return to in-person instruction, currently scheduled for December 14, 2020. The Central League has announced that no competition may occur until after January 2, 2020. Conestoga reserves the ability to only compete against schools that abide by the Universal Face Covering order. If a school has been closed due

Original Plan approved June 29, 2020  
Updated: JULY 24, 2020  
Revision: August 24, 2020  
Revision: September 29, 2020  
Revision: October 26, 2020

Revision: November 23, 2020  
Revision: December 7, 2020  
Revision: January 4, 2021  
Revision: January 25, 2021  
**Revision: March 22, 2021**

to the number of cases or similar reasons, Conestoga will not compete against that school while it is closed. Additional rules regarding competition such as those involving spectators are not determined at this time, but will be provided prior to the start of any competition. The information describing spectators below dated October 26, 2020 is only in reference to Fall competition and does not apply to winter sports.

5. Conestoga Club sports (crew, ice hockey, rugby, squash) are also obligated to abide by this Health & Safety Plan.
6. Middle school winter interscholastic sports will not occur at this time.

### **Update of November 23, 2020**

This plan will comply with the Pennsylvania Department of Health Orders of November 17, 2020:

1. [Face coverings order updated regarding alternative face covering and sustained physical distance](#)
2. [Travel order regarding travel to and from other states](#)

This plan reserves the right of the District to identify the extent to which winter sports teams engage in conditioning, practices, and competitions with other schools. The District will consider the degree of risk for each sport as identified in the PIAA Winter Guidance and the rate of community transmission within league schools.

### **Update of October 26, 2020**

The updated Health & Safety Plan of October 26, 2020 is updated to include provisions for spectators based upon the guidance issued since September 29, 2020, including from the Governor of Pennsylvania, PIAA, PIAA District 1, the Central Athletic League, and the Chester County Health Department. Each student-participant will be given two Central Athletic League passes from their coaches for parents/guardians to view the game in-person. Spectator rules for Away games are at the discretion of the home team. If permitted, Conestoga senior athletes will be permitted to have two parent/guardians attend Away contests. Visiting teams' senior athletes may bring two parents/guardians to Conestoga games. All spectators affirm through their attendance that they are symptom-free of Covid-19, and will engage in wearing a mask, maintain social distancing, and abide by all other District directives. Failure to do so may result in individual dismissals or the overall discontinuation of spectator participation. Sport-specific plans for competitions are available through the Conestoga Athletic office.

### **Update of August 24, 2020**

This Health & Safety Plan is updated to encompass a plan to return to competition, following the updated guidance issued since August 24, 2020 by the Chester County Health Department, the PIAA, and the Central League.

The District will continue to monitor requirements, guidance, and recommendations from health authorities and athletic leagues and other relevant organizations.

Original Plan approved June 29, 2020  
Updated: JULY 24, 2020  
Revision: August 24, 2020  
Revision: September 29, 2020  
Revision: October 26, 2020

Revision: November 23, 2020  
Revision: December 7, 2020  
Revision: January 4, 2021  
Revision: January 25, 2021  
**Revision: March 22, 2021**

The decision to resume sports-related activities, including conditioning, practices and games, is within the discretion of a school entity's governing body. Each school entity must develop and adopt an Athletics Health and Safety Plan aligning to the PDE Preliminary Guidance for Phased Reopening of Pre-K to 12 Schools prior to conducting sports-related activities with students. The plan must include the provisions of this guidance, be approved by the local governing body of the school entity and be posted on the school entity's publicly available website. School entities should also consider whether the implementation of the plan requires the adoption of a new policy or revision of an existing policy.

Each school entity should continue to monitor its Athletics Health and Safety Plan throughout the year and update as needed. All revisions should be reviewed and approved by the governing body prior to posting on the school entity's public website.

Original Plan approved June 29, 2020  
Updated: JULY 24, 2020  
Revision: August 24, 2020  
Revision: September 29, 2020  
Revision: October 26, 2020

Revision: November 23, 2020  
Revision: December 7, 2020  
Revision: January 4, 2021  
Revision: January 25, 2021  
**Revision: March 22, 2021**

## Table of Contents

<b>Athletics Health and Safety Plan .....</b>	<b>6</b>
Resuming PK-12 Sports-Related Activities.....	7
Primary Point of Contact .....	8
Key Strategies, Policies, and Procedures.....	8
Cleaning, Sanitizing, Disinfecting and Ventilation.....	9
Social Distancing and Other Safety Protocols .....	12
Monitoring Student Athletes and Staff Health .....	19
Other Considerations for Student Athletes and Staff.....	25
Athletic Health and Safety Plan Professional Development .....	28
Athletic Health and Safety Plan Communications .....	29
<b>Athletics Health and Safety Plan Summary.....</b>	<b>30</b>
Facilities Cleaning, Sanitizing, Disinfecting and Ventilation.....	30
Social Distancing and Other Safety Protocols .....	31
Monitoring Student Athletes and Staff Health .....	34
Other Considerations for Student Athletes and Staff.....	37
<b>Athletics Health and Safety Plan Governing Body Affirmation Statement .....</b>	<b>39</b>

Original Plan approved June 29, 2020  
Updated: JULY 24, 2020  
Revision: August 24, 2020  
Revision: September 29, 2020  
Revision: October 26, 2020

Revision: November 23, 2020  
Revision: December 7, 2020  
Revision: January 4, 2021  
Revision: January 25, 2021  
**Revision: March 22, 2021**

### **Athletics & Other Student Activities Health and Safety Plan: Tredyffrin/Easttown School District**

All decision-makers should be mindful that as long as there are cases of COVID-19 in the community, there are no strategies that completely eliminate transmission risk within a school population. The goal is to keep transmission as low as possible to safely continue school activities. All school activities must be informed by [Governor Wolf's Process to Reopen Pennsylvania](#). The administration has categorized reopening into three broad phases: red, yellow, or green. These designations signal how counties and/or regions may begin easing some restrictions on school, work, congregate settings, and social interactions:

- Red Phase: Schools remain closed for in-person instruction and no sports are allowed in counties designated as being in the Red Phase.
- Yellow Phase and Green Phase: Schools may resume sports-related activities after developing a written Athletics Health and Safety Plan, to be approved by the local governing body (e.g. board of directors/trustees) and posted on the school entity's publicly available website.

Use this template to document your LEA's plan to bring back student athletes and coaching staff, how you will communicate the type with stakeholders in your community, and the process for continued monitoring of local health data to assess implications for school sports-related activity operations and potential adjustments throughout the school year.

Your school entity should account for changing conditions in your local Athletics Health and Safety Plan to ensure seamless transition from more to less restrictive conditions in each of the phase requirements as needed. Depending upon the public health conditions in any county within the Commonwealth, there could be additional actions, orders, or guidance provided by the Pennsylvania Department of Education (PDE) and/or the Pennsylvania Department of Health (DOH) designating the county as being in the red, yellow, or green phase. Some counties may not experience a straight path from a red designation, to a yellow, and then a green designation. Instead, cycling back and forth between less restrictive to more restrictive designations may occur as public health indicators improve or worsen.

Original Plan approved June 29, 2020  
Updated: JULY 24, 2020  
Revision: August 24, 2020  
Revision: September 29, 2020  
Revision: October 26, 2020

Revision: November 23, 2020  
Revision: December 7, 2020  
Revision: January 4, 2021  
Revision: January 25, 2021  
**Revision: March 22, 2021**

## **Resuming PK-12 Sports-Related & Other Student Activities**

### **Key Questions**

- How do you plan to bring students, athletes and staff back to physical school buildings, particularly if social distancing is still required?
- How did you engage stakeholders in the decision to resume sports-related and other activities, including try-outs, conditioning, practices, games, rehearsals and other activities?
- How will you communicate your plan to your local sports and school communities?
- Once you resume sports-related and other activities, what will the decision-making process look like to prompt a school closure or other significant modification to sports and other activities?

### **Summary of Responses to Key Questions:**

- This plan is for pre-season and competition for sports, and only if the county is in the Yellow or Green phase.
- Students who must self-isolate or quarantine for reasons related to COVID-19 may not participate in athletics or in-person activities for the duration of the isolation period. In the event that the high school building is temporarily closed for in-person instruction due to a local outbreak of COVID-19, all sports and activities will be suspended during the closure. An exception may be granted by the Superintendent or designee for an entire team that has opted to remain out of school in a virtual learning model. TESD teams will also not play scrimmages or competitions with other schools closed due to a local outbreak. An outbreak on a team will result in a suspension of all team activities.
- If, after October 12, TESD returns to or remains in a virtual learning model due to the pandemic, the Superintendent or designee will consult with the Chester County Health Department regarding the continuation of athletics and in-person activities and will communicate any modifications to the plan that result from the new conditions.
- This plan will also be implemented for any other student activities involving larger numbers of students that may occur before the first day of school, including Conestoga Band Camp and other co-curricular activities.
- The plan will be shared during a public meeting, and then posted on the District website. Information will be shared with participants and their families via District approved communication methods including email.
- Any modifications to these activities will be in response to evolving guidance from all applicable federal, state, and local authorities, including the Pennsylvania Department of Education, the Pennsylvania Department of Health, and Chester County Health Department.

**Anticipated launch date for sports related & other activities: July 1, 2020**

Original Plan approved June 29, 2020  
 Updated: JULY 24, 2020  
 Revision: August 24, 2020  
 Revision: September 29, 2020  
 Revision: October 26, 2020

Revision: November 23, 2020  
 Revision: December 7, 2020  
 Revision: January 4, 2021  
 Revision: January 25, 2021  
**Revision: March 22, 2021**

**Primary Point of Contact**

Each school entity must designate a primary point of contact with defined roles and responsibilities for health and safety preparedness and response planning for sports-related activities. The point of contact will be responsible for responding to all questions related to COVID-19. All parents, student athletes, officials, and coaches must be provided the person’s contact information.

Point of Contact Name	Position of Point of Contact	Contact Information
Dr. Chris Groppe	Covid-19 Administrator	<a href="mailto:HealthInfo@tesd.net">HealthInfo@tesd.net</a> 610-240-1919

**Key Strategies, Policies, and Procedures**

Use the action plan templates on the following pages to create a thorough plan for each of the requirements outlined in the [Pennsylvania Guidance for All Sports Permitted to Operate During the COVID-19 Disaster Emergency](#).

For each domain of the Athletics Health and Safety Plan, draft a detailed summary describing the key strategies, policies, and procedures your LEA will employ to satisfy the requirements of the domain. The domain summary will serve as the public-facing description of the efforts your LEA will take to ensure health and safety of every stakeholder in your local education community. Thus, the summary should be focused on the key information that staff, students, and families will require to clearly understand your local plan for the phased reopening of schools. Use the key questions to guide your domain summaries.

For each requirement within each domain, document the following:

- **Action Steps under Yellow and Green Phase:** Identify the discrete action steps required to prepare for and implement the requirement under the guidelines outlined for counties in yellow or green. List the discrete action steps for each requirement in sequential order.
- **Lead Individual(s) and Position(s):** List each person responsible for ensuring the action steps are fully planned and the system is prepared for effective implementation.
- **Materials, Resources, and/or Supports Needed:** List any materials, resources, or supports required to implement the requirement.
- **Professional Development (PD) Required:** Identify the training or professional development that will be provided to staff, students, families, and other stakeholders to implement each requirement effectively.



Original Plan approved June 29, 2020  
Updated: JULY 24, 2020  
Revision: August 24, 2020  
Revision: September 29, 2020  
Revision: October 26, 2020

Revision: November 23, 2020  
Revision: December 7, 2020  
Revision: January 4, 2021  
Revision: January 25, 2021  
**Revision: March 22, 2021**

In the following tables, an asterisk (\*) denotes a mandatory element of the plan. All other requirements are highly encouraged to the extent possible.

## **Cleaning, Sanitizing, Disinfecting, and Ventilation**

### **Key Questions**

- How will you ensure the athletic facilities and other areas are cleaned and ready to safely welcome students, athletes, and staff?
- How often will you implement cleaning, sanitation, disinfecting, and ventilation protocols/procedures to maintain staff, student, and athlete safety?
- What protocols will you put in place to clean and disinfect throughout the day?
- Which stakeholders will be trained on cleaning, sanitizing, disinfecting, and ventilation protocols? When and how will the training be provided? How will preparedness to implement as a result of the training be measured?

### **Summary of Responses to Key Questions:**

- All facilities used by athletes and students will be cleaned in accordance with the current board approved District Health & Safety Plan.
- Locker rooms will not be available for visiting teams.
- Participants should provide their own transportation to and from practice, and to and from games to the fullest extent feasible. Carpooling is not permitted.
- Other cleaning protocols will be in place for use on equipment and materials involved in the activities.
- These activities will only occur if we are in the Yellow or Green phase.

Original Plan approved June 29, 2020  
 Updated: JULY 24, 2020  
 Revision: August 24, 2020  
 Revision: September 29, 2020  
 Revision: October 26, 2020

Revision: November 23, 2020  
 Revision: December 7, 2020  
 Revision: January 4, 2021  
 Revision: January 25, 2021  
 Revision: March 22, 2021

Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
<p><b>* Cleaning, sanitizing, disinfecting, and ventilating spaces, surfaces, and any other areas used by students &amp; athletes and sporting activities (i.e., restrooms, drinking fountains, locker rooms and transportation)</b></p>	<ul style="list-style-type: none"> <li>School buses will be cleaned by the bus companies providing this service. Cleaning standards and requirements for materials will be shared with these vendors. This includes disinfecting buses after each run.</li> <li>Frequently touched surfaces and objects in the practice space will be cleaned at least daily.</li> <li>Restrooms will be cleaned frequently throughout the day.</li> <li>In addition to the cleaning conducted by custodial staff, cleaning materials will be available for other staff to use throughout the school day.</li> <li>Sharing of equipment will be limited to fullest extent feasible. Users will clean their hands before and after using any shared equipment. Shared equipment should be cleaned before and after use.</li> <li>Students should not be present when disinfectants are used. Students should not be required to participate in disinfecting of school furniture or equipment.</li> <li>Drinking fountains will not be available for use. Students and staff may bring in reusable bottles or bottled water.</li> </ul>	<p>Business Manager &amp; Building Administrator</p>	<p>Cleaning supplies that meet the identified requirements.</p>	<p>N</p>

Original Plan approved June 29, 2020  
 Updated: JULY 24, 2020  
 Revision: August 24, 2020  
 Revision: September 29, 2020  
 Revision: October 26, 2020

Revision: November 23, 2020  
 Revision: December 7, 2020  
 Revision: January 4, 2021  
 Revision: January 25, 2021  
 Revision: March 22, 2021

<p><b>Other cleaning, sanitizing, disinfecting, and ventilation practices</b></p>	<ul style="list-style-type: none"> <li>• All cleaning and disinfectant products used will comply with relevant CDC, EPA and OSHA requirements.</li> <li>• Custodial staff have been trained in proper cleaning protocols and provide regular refresher training.</li> <li>• District HVAC systems have been balanced to meet American Society of Heating, Refrigerating and Air Conditioning Engineers (ASHRAE) and International Mechanical Code (IMC) requirements for the exchange of outside air and ventilation.</li> <li>• Unless otherwise designated, windows should remain closed to ensure efficiency of this process. There may be situations in which windows will be opened, i.e., if directed by the health authorities.</li> <li>• The District will monitor operational guidance and adjust practices as needed in cleaning, sanitizing, disinfecting, and ventilation.</li> <li>• Hand sanitizer will be available in areas where sinks are not available.</li> <li>• If someone in the building develops Covid-19 symptoms, or tests positive for Covid-19:       <ul style="list-style-type: none"> <li>○ the building does not need to be evacuated</li> <li>○ If an entire class/cohort is sent home, close off the room/area and wait as long as possible to clean and disinfect. Wait at least 24 hours before cleaning and disinfecting. If not feasible, wait as long as possible. If seven days have passed since the individual was in the</li> </ul> </li> </ul>	<p>Business Manager</p>	<p>N/A</p>	<p>Y</p>
---	--	-------------------------	------------	----------

Original Plan approved June 29, 2020  
 Updated: JULY 24, 2020  
 Revision: August 24, 2020  
 Revision: September 29, 2020  
 Revision: October 26, 2020

Revision: November 23, 2020  
 Revision: December 7, 2020  
 Revision: January 4, 2021  
 Revision: January 25, 2021  
**Revision: March 22, 2021**

Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
	<p>affected area, cleaning is not needed.</p> <ul style="list-style-type: none"> <li>If entire team is not sent home, clean space immediately, and follow up with disinfection at the end of the day.</li> </ul>			

### Social Distancing and Other Safety Protocols

#### Key Questions

- How will conditioning, practice, and game spaces be organized and scheduled to mitigate spread?
- How will you group student athletes with coaches to limit the number of individuals who come into contact with one another throughout the conditioning, practices, meetings, team meals, games, etc.?
- What policies and procedures will govern use of other communal spaces (locker rooms, restrooms)?
- How will you utilize outdoor space to meet social distancing requirements?
- What hygiene routines will be implemented?
- How will you adjust student transportation to meet social distancing requirements?
- How will social distancing and other safety protocols vary based on age ranges?
- Which stakeholders will be trained on social distancing and other safety protocols? When and how will the training be provided?

#### Summary of Responses to Key Questions:

- Conditioning, practices, and games will be organized and scheduled following the guidance of the Central Athletic League, District 1, and [PIAA for return to competition](#). Outdoor spaces will be used for all practices and games to the fullest extent feasible, while ensuring compliance with existing PIAA regulations for competition.

Original Plan approved June 29, 2020  
Updated: JULY 24, 2020  
Revision: August 24, 2020  
Revision: September 29, 2020  
Revision: October 26, 2020

Revision: November 23, 2020  
Revision: December 7, 2020  
Revision: January 4, 2021  
Revision: January 25, 2021  
*Revision: March 22, 2021*

- All coaches, student-athletes, and officials/event workers will wear face coverings in accordance with the most recent recommendations of the [Department of Health Facial Coverings Order](#) & [PIAA Press Release re: Facial Coverings](#).
- All coaches, student-athletes, and officials/event workers shall maintain social distancing to the fullest extent feasible.
- All coaches, student-athletes, and officials/event workers shall be informed of the current definition of 'close contact' to mitigate risk. (A close contact is currently defined as being closer than 6 feet for 15 or more minutes.)
- Transportation to practice will be the responsibility of the student-athlete. Carpooling is not permitted.
- When feasible, transportation to competitions by the student-athlete's family is encouraged. Carpooling is not permitted.
- Transportation will be available. Buses will be cleaned in accordance with the District's Health & Safety Protocol. Riders will be required to wear a face covering, maintain social distancing, and refrain from eating and drinking on the bus.
- Teams will abide by guidance from the Central League, District One, PIAA, and hosting teams regarding the use of other facilities and spaces for competition.
- Spectators are not permitted at practices.
  
- Other co-curricular and extra-curricular activities may occur during the Yellow or Green phase. Advisors will be required to submit a Health & Safety Protocol specific to their activity for review and approval by the building administration and Pandemic Team designee(s) before the activity may begin.
- Theatrical and musical activities will follow best available guidance on social distancing and face coverings for practices, rehearsals, and performances.

Original Plan approved June 29, 2020  
Updated: JULY 24, 2020  
Revision: August 24, 2020  
Revision: September 29, 2020  
Revision: October 26, 2020

Revision: November 23, 2020  
Revision: December 7, 2020  
Revision: January 4, 2021  
Revision: January 25, 2021  
*Revision: March 22, 2021*

Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
--------------	--	---------------------------------	--	----------------------

Original Plan approved June 29, 2020  
 Updated: JULY 24, 2020  
 Revision: August 24, 2020  
 Revision: September 29, 2020  
 Revision: October 26, 2020

Revision: November 23, 2020  
 Revision: December 7, 2020  
 Revision: January 4, 2021  
 Revision: January 25, 2021  
**Revision: March 22, 2021**

<p><b>* Protocols for social distancing students and athletes and staff throughout all activities, to the maximum extent feasible</b></p>	<p>During practices and conditioning, participants will practice social distancing to the maximum extent feasible. This includes stretching, warmups, cooldowns, and huddles. If not a traditional outdoor sport, teams should conduct practices, conditioning, and scrimmages outdoors whenever feasible. Workouts should continue to occur in pods of 10 or fewer whenever possible.</p> <p>Team meetings should take place virtually whenever possible rather than face to face. If face to face, participants should maintain social distancing.</p> <p>All participants shall follow the current PA Department of Health Universal Order on Face Coverings.</p> <p>Coaches should limit game day squad sizes.</p> <p>Sport specific health and safety protocols described in the <a href="#">PIAA Return to Competition guidance should be followed.</a></p> <p>No unnecessary physical contact including handshaking, fist bumps, or high-fives.</p> <p>Activities that increase the risk of exposure to saliva will not be permitted, including chewing gum, spitting, licking fingers, and eating sunflower seeds. Band camp and other activities will follow the same protocols described above as relevant, including the</p>	<p>Athletic Director,          Assistant Principal          for Student          Activities</p>	<p>N/A</p>	<p>N</p>
---	---	---	------------	----------

Original Plan approved June 29, 2020  
 Updated: JULY 24, 2020  
 Revision: August 24, 2020  
 Revision: September 29, 2020  
 Revision: October 26, 2020

Revision: November 23, 2020  
 Revision: December 7, 2020  
 Revision: January 4, 2021  
 Revision: January 25, 2021  
**Revision: March 22, 2021**

Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
	wearing of face coverings, and group meetings. Social distancing and masking, including the use of coverings for instruments for the band will follow best available guidance.			
<b>* Procedures for serving food at events</b>	Students will bring their own water and snacks. Bottled water will be available if needed.	Athletic Director, Assistant Principal for Student Activities	Bottled water	N
<b>* Hygiene practices for students and athletes and staff which include the manner and frequency of hand-washing and other best practices</b>	Adequate restrooms are available for use by athletes and coaches for proper hygiene and hand washing. The restrooms will be cleaned regularly.  Hand sanitizer will be available at all practices and games.	Athletic Director, Assistant Principal for Student Activities	Cleaning supplies	N



Original Plan approved June 29, 2020  
 Updated: JULY 24, 2020  
 Revision: August 24, 2020  
 Revision: September 29, 2020  
 Revision: October 26, 2020

Revision: November 23, 2020  
 Revision: December 7, 2020  
 Revision: January 4, 2021  
 Revision: January 25, 2021  
**Revision: March 22, 2021**

Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
<p><b>* Posting signs, in highly visible locations, that promote everyday protective measures, and how to stop the spread of germs</b></p>	<p>Communicating the key components of the plan to mitigate the spread of Covid-19 will be done in different formats at frequent intervals to all members of the school community.</p> <p>Communication will stress social distancing, face coverings, symptom screening, hygiene practices, and the obligation to stay home if ill.</p> <p>Signage has been posted in highly visible locations such as restrooms, entrances and other locations. Signs will be in multiple languages. The primary source of the signs will be from CDC.</p>	<p>Athletic Director, Assistant Principal for Student Activities</p>	<p>Signs</p>	<p>N</p>
<p><b>* Identifying and restricting non-essential visitors and volunteers</b></p>	<p>There will be no spectators or visitors during practices or scrimmages. Parents who wish to be on site should remain in their vehicle during the activity.</p> <p>Spectators will not be permitted during practices or conditioning.</p>	<p>Athletic Director, Assistant Principal for Student Activities</p>	<p>N/A</p>	<p>N</p>
<p><b>Limiting the sharing of materials and equipment among students and athletes</b></p>	<p>All activities will minimize the use of shared equipment, and follow relevant cleaning protocols. Any shared equipment should be cleaned after every use. Participants should clean individual equipment (both person and school-issued) and clothing after each use.</p>	<p>Athletic Director, Assistant Principal for Student Activities</p>	<p>Cleaning supplies</p>	<p>N</p>

Original Plan approved June 29, 2020  
 Updated: JULY 24, 2020  
 Revision: August 24, 2020  
 Revision: September 29, 2020  
 Revision: October 26, 2020

Revision: November 23, 2020  
 Revision: December 7, 2020  
 Revision: January 4, 2021  
 Revision: January 25, 2021  
**Revision: March 22, 2021**

Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
<b>Staggering the use of communal spaces (i.e., locker rooms, weight rooms, band room, etc.)</b>	Participants should minimize the use of communal spaces to fullest extent feasible, and engage in social distancing and wear a face covering in those settings.	Athletic Director, Assistant Principal for Student Activities	N/A	N
<b>Adjusting transportation schedules and practices to create social distance</b>	Participants will provide their own transportation for practices. Participants will provide their own transportation for competitions whenever possible. Carpooling is not permitted. Participants on district transportation will wear a face covering and social distance to fullest extent feasible while on the vehicle.	Athletic Director, Assistant Principal for Student Activities	N/A	N
<b>Limiting the number of individuals in student and athletic activity spaces, and interactions between groups of students and athletes</b>	Activities will be scheduled and structured to reduce the number of people using practice spaces, both indoors and outdoors.	Athletic Director, Assistant Principal for Student Activities		
<b>Other social distancing and safety practices</b>	N/A	Athletic Director, Assistant Principal for Student Activities	N/A	N

Original Plan approved June 29, 2020  
Updated: JULY 24, 2020  
Revision: August 24, 2020  
Revision: September 29, 2020  
Revision: October 26, 2020

Revision: November 23, 2020  
Revision: December 7, 2020  
Revision: January 4, 2021  
Revision: January 25, 2021  
**Revision: March 22, 2021**

## Monitoring Students, Athletes and Staff Health

### Key Questions

- How will you monitor student students, athletes, coaches, and others who interact with each other to ensure they are healthy and not exhibiting signs of illness?
- Who will be responsible for monitoring?
- Where will the monitoring take place?
- When and how frequently will the monitoring take place?
- What is the policy for quarantine or isolation if a coach, student athlete, or other member of the school community becomes ill or has been exposed to an individual confirmed positive for COVID-19? What conditions will a coach or student athlete confirmed to have COVID-19 need to meet to safely return to sports activities? Which staff will be responsible for making decisions regarding quarantine or isolation requirements of coaches or student athletes?
- When and how will families be notified of confirmed coach or student athlete illness or exposure and resulting changes to the local Athletics Health and Safety Plan?
- Which stakeholders will be trained on protocols for monitoring student athlete and staff health? When and how will the training be provided?

### Summary of Responses to Key Questions:

- Anyone entering the building must be considered free of any symptoms as outlined in the then current guidance provided by the Chester County Health Department. Staff and students must daily complete an affirmation that they are symptom free. Supervisors will monitor daily reporting for staff. Principals will monitor daily student reporting. Those who are not symptom free will not be permitted on campus. Staff and students must wear a mask and practice social distancing, diligent hygiene, and any other directives in the then current guidance provided by the Chester County Health Department.
- Individuals who become ill or who have been exposed to an individual confirmed positive for COVID-19 will be isolated or quarantined as per the guidance from the Chester County Health Department.
- The District will follow the guidance of the Chester County Health Department when determining quarantine or isolation of students and staff. The Pandemic Coordinator will be responsible for making decisions regarding quarantine or isolation for students, and the Director of

Original Plan approved June 29, 2020  
Updated: JULY 24, 2020  
Revision: August 24, 2020  
Revision: September 29, 2020  
Revision: October 26, 2020

Revision: November 23, 2020  
Revision: December 7, 2020  
Revision: January 4, 2021  
Revision: January 25, 2021  
*Revision: March 22, 2021*

Human Resources will be responsible for making decisions regarding quarantine or isolation for staff. All information will be submitted to the Chester County Health Department as needed so that contact tracing may occur.

- Staff and students confirmed to have had COVID-19 must submit a doctor's note indicating that they have met the CDC criteria for discontinuing home isolation and returning to work/school.
- Each school building will designate an isolation room/area, and a quarantine room/area. These are spaces separate from the existing nurse's office. The isolation room/area is for students exhibiting Covid-19-like symptoms while they await travel home or to a healthcare provider. The quarantine room/area is for anyone exposed to person with Covid-19-like symptoms, to be used while they await travel home or to a healthcare provider.
- Officials, event workers, members of the media will also be required to conduct symptom screening no sooner than two hours prior to arrival on the premises for competitions.
- Visiting teams will be contacted prior to arrival and asked to confirm all participants are symptom free according to current CCHD guidance.

Original Plan approved June 29, 2020  
 Updated: JULY 24, 2020  
 Revision: August 24, 2020  
 Revision: September 29, 2020  
 Revision: October 26, 2020

Revision: November 23, 2020  
 Revision: December 7, 2020  
 Revision: January 4, 2021  
 Revision: January 25, 2021  
 Revision: March 22, 2021

Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
<p><b>* Monitoring students and athletes and staff for symptoms and history of exposure</b></p>	<p>Staff and students will be required to self-monitor daily prior to coming to work/school. The criteria will be in compliance with the PA Department of Health and Chester County Health Department guidance.</p> <p>All staff will sign in daily affirming they are symptom-free. A contact-less thermometer is available in each building if needed.</p> <p>Students/parents will submit a daily affirmation that the child entering school is symptom free. A contact-less thermometer is available in each building if needed.</p> <p>If a staff member has symptoms, they will need to stay or go home and contact their health care provider and their supervisor. The supervisor will contact the Director of Human Resources who will contact the employee, the Chester County Department of Health as needed, and institute any necessary precautionary measures.</p> <p>If a student has symptoms, the parent should contact their school nurse to inform them and follow up with their healthcare provider. If necessary, school nurses will work with the school mental health specialist to provide a resource list to families who may not have ready access to a healthcare provider.</p>	<p>Athletic Director, Assistant Principal for Student Activities</p>	<p>Online survey tool</p>	<p>Y</p>

Original Plan approved June 29, 2020  
 Updated: JULY 24, 2020  
 Revision: August 24, 2020  
 Revision: September 29, 2020  
 Revision: October 26, 2020

Revision: November 23, 2020  
 Revision: December 7, 2020  
 Revision: January 4, 2021  
 Revision: January 25, 2021  
**Revision: March 22, 2021**

<p><b>* Isolating or quarantining students and athletes, coaching staff, or visitors if they become sick or demonstrate a history of exposure</b></p>	<p>Each facility will designate an isolation room/area, and a quarantine room/area. These are spaces separate from the existing nurse’s office.</p> <p>The isolation room/area is for students exhibiting Covid-19-like symptoms while they await travel home or to a healthcare provider. The isolation room should be positioned near an exit that is separate from the main entrance/exit for ease of leaving the school. Isolation room doors should remain shut at all time. Any individual supporting the isolation room/area should enter with full Covid-19 PPE, to include eye protection, gloves, gowns; upon exiting the room, the PPE should be taken off.</p> <p>The quarantine room/area is for anyone exposed to person with Covid-19-like symptoms, to be used while they await travel home or to a healthcare provider. Any individual supporting the quarantine room/area should be required to wear a face covering while in the room. If an entire classroom needs the quarantine room/area, the class should remain in the regular classroom as a temporary quarantine room.</p> <p>Any probable or confirmed cases will be reported to the Chester County Health Department.</p> <p>The school will maintain adequate personal protective equipment for use when individuals become ill, including gowns, masks, eye protection, and gloves.</p> <p>The area(s) used by the sick person will be closed off immediately, and not used until it can be cleaned and disinfected as follows:</p>	<p>Athletic Director,          Assistant Principal for Student Activities</p>	<p>PPE</p>	<p>Y</p>
---	--	---	------------	----------

Original Plan approved June 29, 2020  
 Updated: JULY 24, 2020  
 Revision: August 24, 2020  
 Revision: September 29, 2020  
 Revision: October 26, 2020

Revision: November 23, 2020  
 Revision: December 7, 2020  
 Revision: January 4, 2021  
 Revision: January 25, 2021  
**Revision: March 22, 2021**

Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
	<p>If someone in the building develops Covid-19 symptoms, or tests positive for Covid-19: the building does not need to be evacuated.</p> <p>The person will be provided with guidance for self-isolation at home and the guidelines for returning to school, as directed by the Chester County Health Department.</p> <p>If an individual requires transportation by ambulance, the District will alert the ambulance and hospital staff that the person may have Covid-19.</p> <p>The building administrator will inform the district pandemic coordinator if anyone becomes sick while at school, and the Director of Human Resources as applicable.</p>			
<p><b>* Returning isolated or quarantined coaches, staff, students or athletes, to school and/or athletics</b></p>	<p>Before returning for participation, the student must meet the requirements for return as described in the current Chester County Health Department’s guidance.</p> <p><a href="#">The District will follow the most current “Exclusion From and Return to School Requirements” published by the Chester County Health Department.</a></p>	<p>Athletic Director,  <i>Assistant Principal for Student Activities</i></p>	<p>N/A</p>	<p>Y</p>

Original Plan approved June 29, 2020  
 Updated: JULY 24, 2020  
 Revision: August 24, 2020  
 Revision: September 29, 2020  
 Revision: October 26, 2020

Revision: November 23, 2020  
 Revision: December 7, 2020  
 Revision: January 4, 2021  
 Revision: January 25, 2021  
**Revision: March 22, 2021**

Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
<b>Notifying coaches, staff, families, and the public of cancellation of sports-related activities, school closures and other changes in safety protocols</b>	<p>Communication to staff, families, and the public has been and will continue to be ongoing. Any necessary school closures or within school year changes in safety protocols will be communicated via multiple methods including the district email blast, website, all-call telephone system, PTO newsletters, and other tools.</p> <p>Any communication will be done in alignment with relevant privacy rules and in coordination with relevant health authorities.</p>	Athletic Director, <i>Assistant Principal for Student Activities</i>	N/A	N
<b>Other monitoring and screening practices</b>	Monitor guidance from relevant health authorities and update monitoring and screening practices as necessary.	Pandemic Coordinator	N/A	N



Original Plan approved June 29, 2020  
Updated: JULY 24, 2020  
Revision: August 24, 2020  
Revision: September 29, 2020  
Revision: October 26, 2020

Revision: November 23, 2020  
Revision: December 7, 2020  
Revision: January 4, 2021  
Revision: January 25, 2021  
**Revision: March 22, 2021**

## Other Considerations for Student Athletes and Staff

### Key Questions

- How will you determine which coaches and other athletic staff are willing/able to return? How will you accommodate staff who are unable or unwilling to return?
- How will you determine which student athletes are willing/able to return? How will you accommodate student athletes who are unable or unwilling return?
- What is the local policy/procedure regarding face coverings for all coaches and athletic staff? What is the policy/procedure for student athletes?
- What special protocols will you implement to protect student athletes and staff at higher risk for severe illness?
- How will you address coaches and other athletic staff who are ill, or who have family members who have become ill?
- How will you manage teams in the event of coaching staff illness? Do you have substitute coaches available?
- Which stakeholders will be trained on these protocols? When and how will the training be provided?

### Summary of Responses to Key Questions:

- Face coverings for anyone on District premises will follow the orders of the Pennsylvania Department of Health. As of July 24, 2020, August 17, 2020, and September 2, 2020 anyone on the premises is obligated to wear a mask or face covering. The District will continue to monitor guidance and directives from the Pennsylvania Department of Health.
- Families of students at higher risk should contact the school nurse to discuss the development of an Individual Health Plan. The school may also follow the protocol for 504 Plan Eligibility and special education eligibility. Staff who are at higher risk should contact the Director of Human Resources so their specific circumstances can be reviewed. Additional safety equipment, safety protocols, and other accommodations may be provided depending upon the circumstances.
- This plan will also be implemented for any other student activities that may occur before the first day of school, including Conestoga Band.
- The plan will be shared during a public meeting, and then posted on the District website. Information will be shared with participants and their families via District approved communication methods including email.
- Any modifications to these activities will be in response to evolving guidance from all applicable federal, state, and local authorities, including the Pennsylvania Department of Education, the Pennsylvania Department of Health, and Chester County Health Department.
- All students on the premises are participating voluntarily.

Original Plan approved June 29, 2020  
 Updated: JULY 24, 2020  
 Revision: August 24, 2020  
 Revision: September 29, 2020  
 Revision: October 26, 2020

Revision: November 23, 2020  
 Revision: December 7, 2020  
 Revision: January 4, 2021  
 Revision: January 25, 2021  
**Revision: March 22, 2021**

- Social distancing will be observed. Band participants will follow best available guidance on social distancing when using musical instruments.
- Schedules will be staggered to the extent possible to mitigate contact with others.
- Participants will receive training on the requirements of this plan prior to any activities occurring.

Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
<b>* Protecting student athletes and coaching staff at higher risk for severe illness</b>	Families of students at higher risk should contact the school nurse to discuss the development of an Individual Health Plan. The school will also follow the protocol for 504 Plan Eligibility and special education eligibility.  Staff who are higher risk should contact their Human Resources office to discuss their specific circumstances.	Athletic Director, Assistant Principal for Student Activities	N	N
<b>* Use of face coverings by all coaches and athletic staff</b>	Face coverings for anyone on District premises will follow the orders of the Pennsylvania Department of Health. As of July 24, 2020, anyone on the premises is obligated to wear a mask or face covering. The District will continue to monitor guidance and directives from the Pennsylvania Department of Health.	Athletic Director, Assistant Principal for Student Activities	Face coverings	Y

Original Plan approved June 29, 2020  
 Updated: JULY 24, 2020  
 Revision: August 24, 2020  
 Revision: September 29, 2020  
 Revision: October 26, 2020

Revision: November 23, 2020  
 Revision: December 7, 2020  
 Revision: January 4, 2021  
 Revision: January 25, 2021  
 Revision: March 22, 2021

Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
<p><b>* Use of face coverings by all students</b></p>	<p>Face coverings for anyone on District premises will follow the orders of the Pennsylvania Department of Health. As of July 24, 2020, anyone on the premises is obligated to wear a mask or face covering. The District will continue to monitor guidance and directives from the Pennsylvania Department of Health.</p> <p>Sport specific guidance from PIAA and Central League identifying how face coverings may be worn or not worn during play will be followed.</p>	<p>Athletic Director, Assistant Principal for Student Activities</p>	<p>Face coverings</p>	<p>Y</p>
<p><b>Unique safety protocols for students and athletes with complex needs or other vulnerable individuals</b></p>	<p>Students with complex needs will be supported and their IEP or 504 Plan updated to ensure access to instruction. The District may request medical documentation and other information be provided by the child's treating physician(s).</p> <p>Staff with complex needs should contact the Director of Human Resources to discuss their specific circumstances.</p>	<p>Athletic Director, Director of Human Resources</p>	<p>N/A</p>	<p>N</p>
<p><b>Management of Coaches and Athletic Staff</b></p>	<p>Coaches and athletic staff who are ill should not attend.</p>	<p>Athletic Director</p>	<p>N/A</p>	<p>N</p>

Original Plan approved June 29, 2020  
 Updated: JULY 24, 2020  
 Revision: August 24, 2020  
 Revision: September 29, 2020  
 Revision: October 26, 2020

Revision: November 23, 2020  
 Revision: December 7, 2020  
 Revision: January 4, 2021  
 Revision: January 25, 2021  
**Revision: March 22, 2021**

**Athletics Health and Safety Plan Professional Development**

The success of your plan for resuming sports-related activities safely requires all stakeholders to be prepared with the necessary knowledge and skills to implement the plan as intended. For each item that requires staff training, document the following components of your professional learning plan.

- **Topic:** List the content on which the professional development will focus.
- **Audience:** List the stakeholder group(s) who will participate in the learning activity.
- **Lead Person and Position:** List the person or organization that will provide the professional learning.
- **Session Format:** List the strategy/format that will be utilized to facilitate professional learning.
- **Materials, Resources, and or Supports Needed:** List any materials, resources, or support required to implement the requirement.
- **Start Date:** Enter the date on which the first professional learning activity for the topic will be offered.
- **Completion Date:** Enter the date on which the last professional learning activity for the topic will be offered.

Topic	Audience	Lead Person and Position	Session Format	Materials, Resources, and or Supports Needed	Start Date	Completion Date
Review of the Health & Safety Plan	Coaches, trainers	Kevin Pechin	Virtual meeting	MS Teams platform	June 30, 2020	June 30, 2020
Review of the Health & Safety Plan	Staff and student participants	Chandra Singh, Chris Groppe, Ellen Turk	Virtual meeting	MS Teams platform	August 20, 2020	August 20, 2020
Review of the Health & Safety Plan	Staff and student participants	Kevin Pechin, Chris Groppe, Ellen Turk	Virtual meeting	MS Teams platform	September 30, 2020	October 5, 2020

Original Plan approved June 29, 2020  
 Updated: JULY 24, 2020  
 Revision: August 24, 2020  
 Revision: September 29, 2020  
 Revision: October 26, 2020

Revision: November 23, 2020  
 Revision: December 7, 2020  
 Revision: January 4, 2021  
 Revision: January 25, 2021  
**Revision: March 22, 2021**

### Athletics Health and Safety Plan Communications

Timely and effective family and caregiver communication about sports-related health and safety protocols and schedules will be critical. Schools should be particularly mindful that frequent communications are accessible in non-English languages and to all caregivers (this is particularly important for children residing with grandparents or other kin or foster caregivers). Additionally, school entities should establish and maintain ongoing communication with local and state authorities to determine current mitigation levels in your community.

Topic	Audience	Lead Person and Position	Mode of Communication	Start Date	Completion Date
Review of athletic plan	Athletes, parents	Kevin Pechin	Virtual meeting	June 30, 2020	June 30, 2020
Review of the Health & Safety Plan	Staff and student participants	Chandra Singh, Chris Groppe, Ellen Turk	Virtual meeting	August 20, 2020	August 20, 2020
Review of the Health & Safety Plan	Athletes and parents	Kevin Pechin, Chris Groppe, Ellen Turk	Virtual meeting	September 30, 2020	October 5, 2020
Review of Spectator rules	Parents and athletes	Chris Groppe, Pandemic Coordinator, Kevin Pechin	Email messages	October 2, 2020	Ongoing
Review of Health & Safety Plan – winter sports	Athletes, Parents	Kevin Pechin, Ellen Turk	Virtual meeting	January 7, 2021	January 7, 2021
<b>Review of Athletic Health &amp; Safety Plan – spring sports</b>	<b>Coaches</b>	<b>Kevin Pechin, Ellen Turk</b>	<b>Email messages, virtual meeting(s)</b>	<b>March 2, 2021</b>	<b>ongoing</b>

Original Plan approved June 29, 2020  
 Updated: JULY 24, 2020  
 Revision: August 24, 2020  
 Revision: September 29, 2020  
 Revision: October 26, 2020

Revision: November 23, 2020  
 Revision: December 7, 2020  
 Revision: January 4, 2021  
 Revision: January 25, 2021  
 Revision: March 22, 2021

**Athletics Health and Safety Plan Summary: Tredyffrin/Easttown School District**

**Anticipated Launch Date: July 1, 2020**

Use these summary tables to provide your local education community with a detailed overview of your Athletics Health and Safety Plan. School entities are required to post this summary on their website. To complete the summary, copy and paste the domain summaries from the Athletics Health and Safety Plan tables above.

**Facilities Cleaning, Sanitizing, Disinfecting, and Ventilation**

Requirement(s)	Strategies, Policies and Procedures
<p><b>* Cleaning, sanitizing, disinfecting, and ventilating learning spaces, surfaces, and any other areas used by students (i.e., restrooms, drinking fountains, locker rooms, and transportation)</b></p>	<ul style="list-style-type: none"> <li>• School buses will be cleaned by the bus companies providing this service. Cleaning standards and requirements for materials will be shared with these vendors. This includes disinfecting buses after each run.</li> <li>• Frequently touched surfaces and objects in the practice space will be cleaned at least daily.</li> <li>• Restrooms will be cleaned frequently throughout the day.</li> <li>• In addition to the cleaning conducted by custodial staff, cleaning materials will be available for other staff to use throughout the school day.</li> <li>• Sharing of equipment will be limited to fullest extent feasible. Users will clean their hands before and after using any shared equipment. Shared equipment should be cleaned before and after use.</li> <li>• Students should not be present when disinfectants are used. Students should not be required to participate in disinfecting of school furniture or equipment.</li> <li>• Drinking fountains will not be available for use. Students and staff may bring in reusable bottles or bottled water.</li> <li>• All cleaning and disinfectant products used will comply with relevant CDC, EPA and OSHA requirements.</li> <li>• Custodial staff have been trained in proper cleaning protocols and provide regular refresher training.</li> </ul>

Original Plan approved June 29, 2020  
 Updated: JULY 24, 2020  
 Revision: August 24, 2020  
 Revision: September 29, 2020  
 Revision: October 26, 2020

Revision: November 23, 2020  
 Revision: December 7, 2020  
 Revision: January 4, 2021  
 Revision: January 25, 2021  
**Revision: March 22, 2021**

Requirement(s)	Strategies, Policies and Procedures
	<ul style="list-style-type: none"> <li>• District HVAC systems have been balanced to meet American Society of Heating, Refrigerating and Air Conditioning Engineers (ASHRAE) and International Mechanical Code (IMC) requirements for the exchange of outside air and ventilation.</li> <li>• Unless otherwise designated, windows should remain closed to ensure efficiency of this process. There may be situations in which windows will be opened, i.e., if directed by the health authorities.</li> <li>• The District will monitor operational guidance and adjust practices as needed in cleaning, sanitizing, disinfecting, and ventilation.</li> <li>• Hand sanitizer will be available in areas where sinks are not available.</li> <li>• If someone in the building develops Covid-19 symptoms, or tests positive for Covid-19:             <ul style="list-style-type: none"> <li>○ the building does not need to be evacuated</li> <li>○ If an entire class/cohort is sent home, close off the room/area and wait as long as possible to clean and disinfect. Wait at least 24 hours before cleaning and disinfecting. If not feasible, wait as long as possible. If seven days have passed since the individual was in the affected area, cleaning is not needed.</li> </ul> </li> </ul> <p>If entire team is not sent home, clean space immediately, and follow up with disinfection at the end of the day.</p>

**Social Distancing and Other Safety Protocols**

Requirement(s)	Strategies, Policies and Procedures
<p><b>* Protocols for social distancing student athletes and staff throughout all activities, to the maximum extent feasible</b></p> <p><b>* Procedures for serving food at events including team meetings and meals</b></p>	<p>During practices and conditioning, participants will practice social distancing to the maximum extent feasible. This includes stretching, warmups, cooldowns, and huddles. If not a traditional outdoor sport, teams should conduct practices, conditioning, and scrimmages</p>

Original Plan approved June 29, 2020  
 Updated: JULY 24, 2020  
 Revision: August 24, 2020  
 Revision: September 29, 2020  
 Revision: October 26, 2020

Revision: November 23, 2020  
 Revision: December 7, 2020  
 Revision: January 4, 2021  
 Revision: January 25, 2021  
**Revision: March 22, 2021**

Requirement(s)	Strategies, Policies and Procedures
<p><b>* Hygiene practices for student athletes and staff including the manner and frequency of hand-washing and other best practices</b></p> <p><b>* Posting signs, in highly visible locations, that promote everyday protective measures, and how to stop the spread of germs</b></p> <p><b>Identifying and restricting non-essential visitors and volunteers</b></p> <p><b>Limiting the sharing of materials and equipment among student athletes</b></p> <p><b>Staggering the use of communal spaces (i.e., locker rooms, weight rooms, etc.)</b></p> <p><b>Adjusting transportation schedules and practices to create social distance between students</b></p> <p><b>Limiting the number of individuals in athletic activity spaces and interactions between groups of student athletes</b></p> <p><b>Other social distancing and safety practices</b></p>	<p>outdoors whenever feasible. Workouts should continue to occur in pods of 10 or fewer whenever possible.</p> <p>Team meetings should take place virtually whenever possible rather than face to face. If face to face, participants should maintain social distancing.</p> <p>All participants shall follow the current PA Department of Health Universal Order on Face Coverings.</p> <p>Coaches should limit game day squad sizes.</p> <p>Sport specific health and safety protocols described in the <a href="#">PIAA Return to Competition guidance should be followed.</a></p> <p>No unnecessary physical contact including handshaking, fist bumps, or high-fives.</p> <p>Activities that increase the risk of exposure to saliva will not be permitted, including chewing gum, spitting, licking fingers, and eating sunflower seeds.</p> <p>Band camp and other activities will follow the same protocols described above as relevant, including the wearing of face coverings, and group meetings. Social distancing and masking, including the use of coverings for instruments for the band will follow best available guidance.</p> <p>Students will bring their own water and snacks. Bottled water will be available if needed.</p>



Original Plan approved June 29, 2020  
 Updated: JULY 24, 2020  
 Revision: August 24, 2020  
 Revision: September 29, 2020  
 Revision: October 26, 2020

Revision: November 23, 2020  
 Revision: December 7, 2020  
 Revision: January 4, 2021  
 Revision: January 25, 2021  
 Revision: March 22, 2021

Requirement(s)	Strategies, Policies and Procedures
	<p>Adequate restrooms are available for use by athletes and coaches for proper hygiene and hand washing. The restrooms will be cleaned regularly.</p> <p>Hand sanitizer will be available at all practices and games.</p> <p>Communicating the key components of the plan to mitigate the spread of Covid-19 will be done in different formats at frequent intervals to all members of the school community.</p> <p>Communication will stress social distancing, face coverings, symptom screening, hygiene practices, and the obligation to stay home if ill.</p> <p>Signage has been posted in highly visible locations such as restrooms, entrances and other locations. Signs will be in multiple languages. The primary source of the signs will be from CDC. There will be no spectators or visitors during practices or scrimmages. Parents who wish to be on site should remain in their vehicle during the activity.</p> <p>Spectators will not be permitted during practices and conditioning.</p> <p>All activities will minimize the use of shared equipment, and follow relevant cleaning protocols. Any shared equipment should be cleaned after every use. Participants should clean individual equipment (both person and school-issued) and clothing after each use.</p> <p>Participants should minimize the use of communal spaces to fullest extent feasible, and engage in social distancing and wear a face covering in those settings.</p> <p>Participants will provide their own transportation for practices.</p>

Original Plan approved June 29, 2020  
 Updated: JULY 24, 2020  
 Revision: August 24, 2020  
 Revision: September 29, 2020  
 Revision: October 26, 2020

Revision: November 23, 2020  
 Revision: December 7, 2020  
 Revision: January 4, 2021  
 Revision: January 25, 2021  
**Revision: March 22, 2021**

Requirement(s)	Strategies, Policies and Procedures
	<p>Participants will provide their own transportation for competitions whenever possible.            Carpooling is not permitted.            Participants on district transportation will wear a face covering and social distance to fullest extent feasible while on the vehicle.</p> <p>Activities will be scheduled and structured to reduce the number of people using practice spaces, both indoors and outdoors.</p>

**Monitoring Student Athletes and Staff Health**

Requirement(s)	Strategies, Policies and Procedures
<p><b>* Monitoring student athletes and staff for symptoms and history of exposure</b></p> <p><b>* Isolating or quarantining student athletes, coaching staff, or visitors if they become sick or demonstrate a history of exposure</b></p> <p><b>* Returning isolated or quarantined coaching staff, student athletes, or visitors to school</b></p> <p><b>Notifying coaching staff, families, and the public of cancellation of sports-related activities, school closures and other changes in safety protocols</b></p>	<p>Staff and students will be required to self-monitor daily prior to coming to work/school. The criteria will be in compliance with the PA Department of Health and Chester County Health Department guidance.</p> <p>All staff will sign in daily affirming they are symptom-free. A contact-less thermometer is available in each building if needed.</p> <p>Students/parents will submit a daily affirmation that the child entering school is symptom free. A contact-less thermometer is available in each building if needed.</p> <p>If a staff member has symptoms, they will need to stay or go home and contact their health care provider and their supervisor. The supervisor will contact the Director of Human Resources who will contact the employee, the Chester County Department of Health as needed, and institute any necessary precautionary measures.</p> <p>If a student has symptoms, the parent should contact their school nurse to inform them and follow up with their healthcare provider. If necessary, school nurses will work with the school mental health</p>

Original Plan approved June 29, 2020  
 Updated: JULY 24, 2020  
 Revision: August 24, 2020  
 Revision: September 29, 2020  
 Revision: October 26, 2020

Revision: November 23, 2020  
 Revision: December 7, 2020  
 Revision: January 4, 2021  
 Revision: January 25, 2021  
**Revision: March 22, 2021**

Requirement(s)	Strategies, Policies and Procedures
	<p>specialist to provide a resource list to families who may not have ready access to a healthcare provider.</p> <p>Each facility will designate an isolation room/area, and a quarantine room/area. These are spaces separate from the existing nurse's office.</p> <p>The isolation room/area is for students exhibiting Covid-19-like symptoms while they await travel home or to a healthcare provider. The isolation room should be positioned near an exit that is separate from the main entrance/exit for ease of leaving the school. Isolation room doors should remain shut at all time. Any individual supporting the isolation room/area should enter with full Covid-19 PPE, to include eye protection, gloves, gowns; upon exiting the room, the PPE should be taken off.</p> <p>The quarantine room/area is for anyone exposed to person with Covid-19-like symptoms, to be used while they await travel home or to a healthcare provider. Any individual supporting the quarantine room/area should be required to wear a face covering while in the room. If an entire classroom needs the quarantine room/area, the class should remain in the regular classroom as a temporary quarantine room.</p> <p>Any probable or confirmed cases will be reported to the Chester County Health Department.</p> <p>The school will maintain adequate personal protective equipment for use when individuals become ill, including gowns, masks, eye protection, and gloves.</p>

Original Plan approved June 29, 2020  
 Updated: JULY 24, 2020  
 Revision: August 24, 2020  
 Revision: September 29, 2020  
 Revision: October 26, 2020

Revision: November 23, 2020  
 Revision: December 7, 2020  
 Revision: January 4, 2021  
 Revision: January 25, 2021  
**Revision: March 22, 2021**

Requirement(s)	Strategies, Policies and Procedures
	<p>The area(s) used by the sick person will be closed off immediately, and not used until it can be cleaned and disinfected as follows:</p> <p>If someone in the building develops Covid-19 symptoms, or tests positive for Covid-19: the building does not need to be evacuated.</p> <p>The person will be provided with guidance for self-isolation at home and the guidelines for returning to school, as directed by the Chester County Health Department.</p> <p>If an individual requires transportation by ambulance, the District will alert the ambulance and hospital staff that the person may have Covid-19.</p> <p>The building administrator will inform the district pandemic coordinator if anyone becomes sick while at school, and the Director of Human Resources as applicable.</p> <p>Before returning for participation, the student must meet the requirements for return as described in the current Chester County Health Department's guidance.</p> <p><a href="#">The District will follow the most current "Exclusion From and Return to School Requirements" published by the Chester County Health Department.</a></p> <p>Communication to staff, families, and the public have and will continue to be ongoing. Any necessary school closures or within school year changes in safety protocols will be communicated via multiple methods including the district email blast, website, all-call telephone system, PTO newsletters, and other tools.</p>

Original Plan approved June 29, 2020  
 Updated: JULY 24, 2020  
 Revision: August 24, 2020  
 Revision: September 29, 2020  
 Revision: October 26, 2020

Revision: November 23, 2020  
 Revision: December 7, 2020  
 Revision: January 4, 2021  
 Revision: January 25, 2021  
**Revision: March 22, 2021**

Requirement(s)	Strategies, Policies and Procedures
	<p>Any communication will be done in alignment with relevant privacy rules and in coordination with relevant health authorities.</p> <p>Monitor guidance from relevant health authorities and update monitoring and screening practices as necessary.</p>

**Other Considerations for Student Athletes and Staff**

Requirement(s)	Strategies, Policies and Procedures
<p><b>* Protecting student athletes and coaching staff at higher risk for severe illness</b></p> <p><b>* Use of face coverings by all coaches and athletic staff</b></p> <p><b>* Use of face coverings by all student athletes</b></p> <p><b>Unique safety protocols for student athletes with complex needs or other vulnerable individuals</b></p> <p><b>Management of Coaches and Athletic Staff</b></p>	<p>Families of students at higher risk should contact the school nurse to discuss the development of an Individual Health Plan. The school will also follow the protocol for 504 Plan Eligibility and special education eligibility.</p> <p>Staff who are higher risk should contact their Human Resources office to discuss their specific circumstances.</p> <p>Face coverings for anyone on District premises will follow the orders of the Pennsylvania Department of Health. As of July 24, 2020, anyone on the premises is obligated to wear a mask or face covering. The District will continue to monitor guidance and directives from the Pennsylvania Department of Health.</p> <p>Face coverings for anyone on District premises will follow the orders of the Pennsylvania Department of Health. As of July 24, 2020, anyone on the premises is obligated to wear a mask or face covering. The District will continue to monitor guidance and directives from the Pennsylvania Department of Health.</p>

Original Plan approved June 29, 2020  
Updated: JULY 24, 2020  
Revision: August 24, 2020  
Revision: September 29, 2020  
Revision: October 26, 2020

Revision: November 23, 2020  
Revision: December 7, 2020  
Revision: January 4, 2021  
Revision: January 25, 2021  
**Revision: March 22, 2021**

Requirement(s)	Strategies, Policies and Procedures
	<p>Sport specific guidance from PIAA and Central League identifying how face coverings may be worn or not worn during play will be followed.</p> <p>Students with complex needs will be supported and their IEP or 504 Plan updated to ensure access to instruction. The District may request medical documentation and other information be provided by the child's treating physician(s).</p> <p>Staff with complex needs should contact the Director of Human Resources to discuss their specific circumstances. Coaches and athletic staff who are ill should not attend.</p>

Original Plan approved June 29, 2020  
Updated: JULY 24, 2020  
Revision: August 24, 2020  
Revision: September 29, 2020  
Revision: October 26, 2020

Revision: November 23, 2020  
Revision: December 7, 2020  
Revision: January 4, 2021  
Revision: January 25, 2021  
**Revision: March 22, 2021**

**Athletics Health and Safety Plan Governing Body Affirmation Statement**

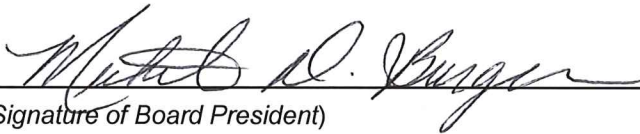
The Board of Directors/Trustees for T/E School Board reviewed and approved the Athletics Health and Safety Plan on **March 22, 2021**

The plan was approved by a vote of:

Yes      9-0  
 No

Affirmed on: **March 22, 2021**

By:

  
\_\_\_\_\_  
(Signature of Board President)

  
\_\_\_\_\_  
(Print Name of Board President)